

YOUR FLEX STUDY PLANS:

Week 1
Self-Study: 3-5 Hours



* Remaining Days Until Next Assessment

Day 1

- Take the proficiency Assessment:** 45 Minutes
- Download the "Pitman English" Mobile app**

Score: _____ Level: _____

Write the topics of your Units

Unit 1 - Topic

Unit 2 - Topic

Unit 3 - Topic

Unit Lessons: 2 Hours (Take 5-8 Lessons in each Unit)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Grammar Guide: 30 - 45 Minutes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

TOPICS	TYPE	DESCRIPTION	<input checked="" type="checkbox"/>
1. Adjectives		Used to describe people, places or things	
2. Nouns		A person, place, or thing	
	Concrete Nouns	Used to describe things that we can touch, smell, hear, or taste	
	Gerunds	Words that look like verb forms but are used as nouns	
	Regular Plural Nouns	Used to talk about more than one person, place, or thing	
3. Questions		Words and phrases used to ask for information	
	Yes/No Questions with 'To Be'	Used with the verb 'to be' to ask for information when the answer can be 'yes' or 'no'	
4. Verbs: Simple		Used to show actions or states of being at point in time which is either specific or non-specific	
	Regular Simple Past	Used to describe things that already happened	
	The verb 'be'	Used to define or describe the state of a subject	

Word Bank: 25 - 30 Minutes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Select the words from your Word Bank. Practice by making 3 sentences for each word. (Remember to be creative)

- | | | | |
|-----------|-----------|-----------|-----------|
| 1. _____ | 2. _____ | 3. _____ | 4. _____ |
| 5. _____ | 6. _____ | 7. _____ | 8. _____ |
| 9. _____ | 10. _____ | 11. _____ | 12. _____ |
| 13. _____ | 14. _____ | 15. _____ | 16. _____ |
| 17. _____ | 18. _____ | 19. _____ | 20. _____ |

Real Media: 20 - 30 Minutes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Select Media Type and choose from Video, Conversation, Image or Article to practice accordingly.

Performance: End of week study time (Hours)

Total study time: _____

Grammar Guide: _____ Word Bank: _____ Lessons: _____ Group Classes: _____